



## Reno Miata Club

### Minutes

Tuesday, November 6, 2018

Meeting was started at 5:45p at the Black Bear Diner on So. Virginia. 25 members attended. Presiding was Terrie Schulte, president, with Roger Holliday, vice-president, and Susan Mason, Membership Coordinator.

1. Different venues and days of the week were suggested for our monthly meetings. After some discussion, it was voted on to stay at the Black Bear and continue meeting on the first Tuesday of the month.
2. Jim Cordray hosted an evening run on Wednesday, October 17. After stopping at the Donner Museum the group then drove up to Donner Summit Bridge. Then Jim led us to the Fireside Pizza Company in Squaw Valley where we had a smorgasbord of salads, pizza and desert. Randy Mason led a run on Sunday, October 21 through the Virginia Highlands and 6 mile Canyon to the 1<sup>st</sup> & 10 Bar and Restaurant in Dayton for lunch. Afterwards the group attended a special showing of "The Arcane Lantern -or- Who's Going to Pahrump", a turn-of-the-century melodramatic farce put on by the Misfits Theatre Group.
3. The 2018 Holiday Event will be at the Olive Garden – 4900 S. Virginia St. – on Saturday, December 1 from 6-8p. This will be our December meeting. There will be a Santa Bingo with prizes, a reading of "The Night Before Christmas" with an ornament exchange, and a raffle for Poinsettias. Please bring a wrapped ornament for each person participating in the ornament exchange. The meal price includes a non-alcoholic drink. You pay extra for any alcohol consumed.
4. Remember to check out the web site [www.renomiataclub.com](http://www.renomiataclub.com). The blog has more about our runs along with a picture. We also have a facebook page. We are working on adding a "For Sale/ Recommendations" page.
5. FOR SALE: Mike Norman has 16in rims for sale. RECOMMENDED: Quality Auto – 5480 HWY 50 E. Carson City, 775-882-9922. Independent Automobile, Inc. – 865 Bergin Way, Sparks, 775-358-8184.
6. Rod Gordon has volunteered to be next years' president. Voting will take place at the Holiday party.
7. Hello to our new members: Matt Kready has a machine gray 2018 RF, Rebecca Tucci has a red 2017 RF. She is fixing up her 2003 Miata.

8. Our guest speaker this month was Jea, a yoga instructor for the last 15 years. She started with yoga when she had a back and knee injury. After the doctors recommended back surgery (with only a 20% chance of improvement) she took up yoga and within 6 months the doctors were amazed that her back was repaired. She now has up to 14 classes a week. The benefits of yoga are: increases flexibility, muscle strength and tone; improves respiration, vitality, and energy; improves cardio and circulatory health; protection from and prevents injury; improves athletic performance; increases blood flow and reduces stress; relieves depression; helps with focus and reduces blood pressure; improves posture and balance. There are all different kinds of yoga from chair to power yoga. There is no age limit and you don't have to be flexible to start. If you have physical limitations you must get an OK from your physician. Her phone number is 622-2900.
9. A big round of applause was given to our very special waitress Angie. Everyone signed a thankyou card. \$25 dollars was included.
10. There is no run scheduled for November.
11. Meeting adjourned at 6:50p.